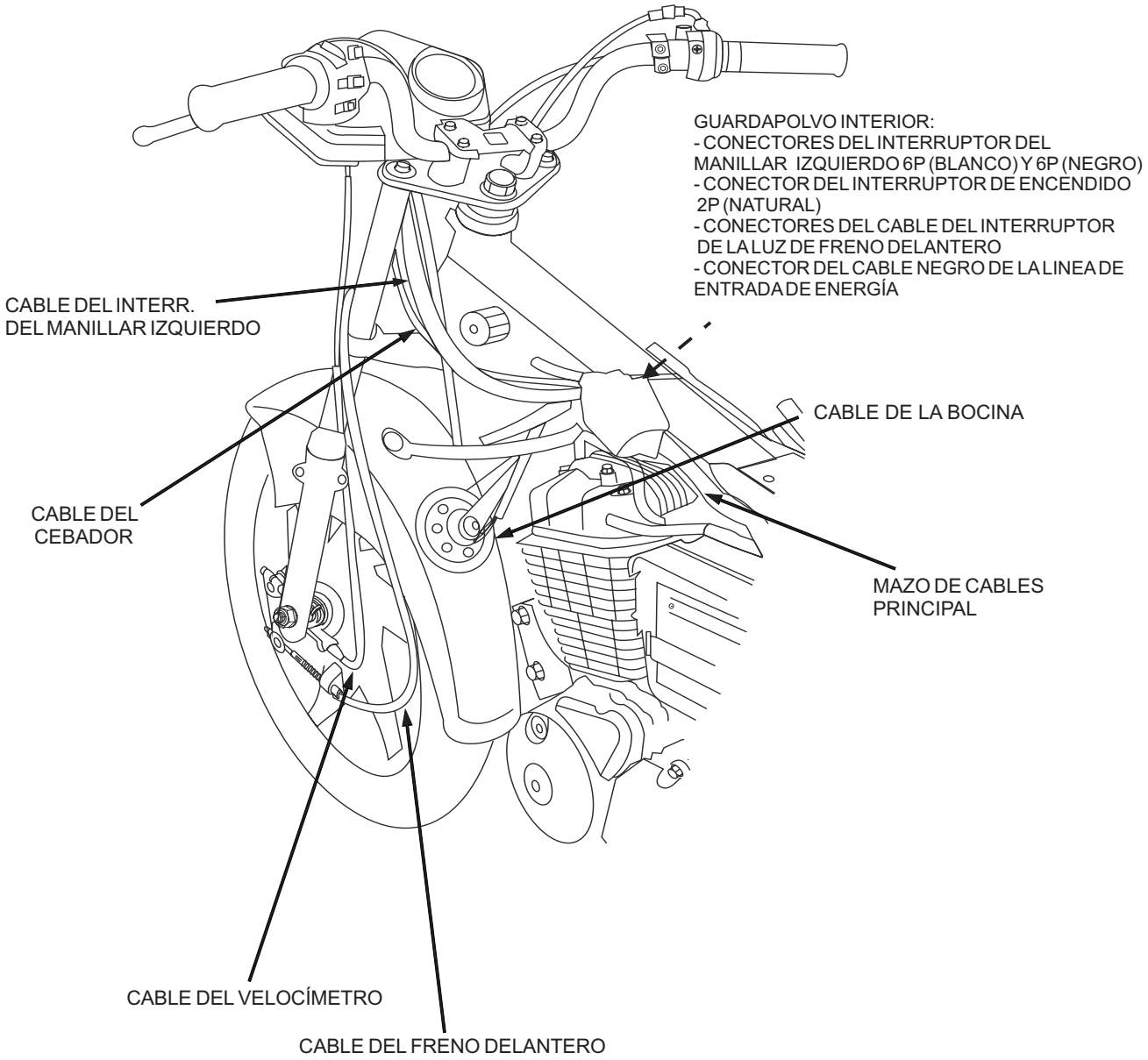ARRANQUE DE PATADA