Position 1: for a light load and smooth terrain. Position 2: standard position. Positions 3 to 5: for when the ATV is more heavily loaded. (Also increase spring pre-load for stiffer suspension.)

Make sure that both shock absorbers are adjusted to the same position.

Always adjust the shock absorber position in sequence (1-2-3-4-5 or 5-4-3-2-1). Attempting to adjust directly from 1 to 5 or 5 to 1 may damage the shock absorber.