Important Safety Information

Important Safety Precautions

Your CRF can provide many years of pleasure, if you take responsibility for your own safety and understand the challenges you can meet in competitive racing.

As an experienced rider, you know there is much you can do to protect yourself when you ride. The following are a few precautions we consider to be most important.

Never Carry a Passenger.

Your CRF is designed for one operator only. Carrying a passenger can cause an crash in which you and others can be hurt.

Wear Protective Gear.

Whether you're practicing to improve your skills, or riding in competition, always wear an approved helmet, eye protection, and proper protective gear.

Take Time to Get to Know Your CRF.

Because every motorcycle is unique, take time to become thoroughly familiar with how this one operates and responds to your commands before placing your machine, and yourself, in competition.

Learn and Respect Your Limits.

Never ride beyond your personal abilities or faster than conditions warrant. Remember that alcohol, drugs, illness and fatigue can reduce your ability to perform well and ride safely.

Don't Drink and Ride.

Alcohol and riding don't mix. Even one drink can reduce your ability to respond to changing conditions, and your reaction time gets worse with every additional drink. So don't drink and ride, and don't let your friends drink and ride either.

Keep your Honda in Safe Condition.

Maintaining your CRF properly is critical to your safety. A loose bolt, for example, can cause a breakdown in which you can be seriously injured.

Important Message to Parents

Your child's safely is very important to Honda. That's why we urge you to read this message before you let any young person ride this motorcycle. Competitive riding can be fun. But bad judgment can result in injury, and we don't want that to happen. As a parent, you can help prevent accidents by making good decisions about when and how your youngster rides this motorcycle.

- Remember, this CRF is designed only for competition use by experienced junior riders. It is an operator-only model, and the maximum load capacity is 150 lb (68 kg). Rider weight must not exceed this limit.
- The junior rider must be tall enough to hold the motorcycle up while straddling it with both feet on the ground. He or she must also be strong enough to pick up the motorcycle if it is on its side.
- The parent and junior rider must be fully familiar with the motorcycle, the motorcycle controls and control functions. Both must also fully understand everything in this manual before riding begins.
- For your child's safely, be sure to make prepractice and pre-race inspections, and impress on the junior rider the importance of checking all the items thoroughly before riding.