

## Adjusting the Front Suspension

### Spring Preload

You can adjust the spring preload by the adjuster to suit the load or the road surface. Turn clockwise to increase spring preload (hard), or turn counterclockwise to decrease spring preload (soft).

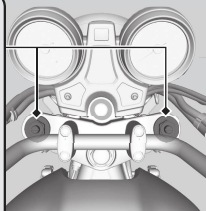
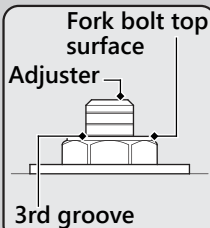
**CB1100CA** The standard position is the 3rd groove from the top aligning with the top surface of the fork bolts.

**CB1100NA** The standard position is the 2nd groove from the top aligning with the top surface of the fork bolts.

#### NOTICE

Do not turn the adjuster beyond its limits. Adjust both left and right forks to the same spring preload.

**CB1100CA**



**CB1100NA**

