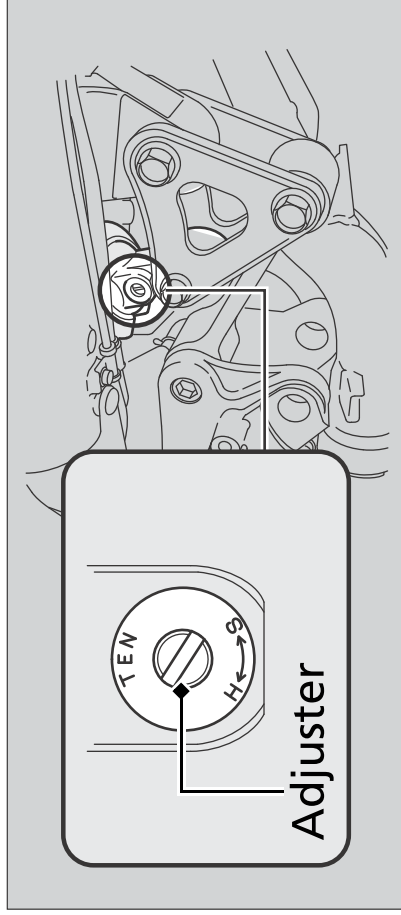


Rebound Damping

You can adjust the rebound damping by the adjuster to suit the load or the road surface. Turn clockwise to increase rebound damping (hard), or turn counterclockwise to decrease rebound damping (soft). The standard position is 1 3/8 turns (**VFR1200X**)/7/8 turns (**VFR1200XD**) from the maximum setting.



NOTICE

Do not turn the adjuster beyond its natural limits.

NOTICE

The rear shock absorber damper unit contains high pressure nitrogen gas. Do not attempt to disassemble, service, or improperly dispose of the damper. See your dealer.